



State University of New York
Upstate Medical University

**The Upstate
Addiction Psychiatry
Conference**

November 3, 2017

8:00 a.m. – 5:00 p.m.

Hutchings Psychiatric Center Auditorium

810 E. Genesee Street

Syracuse, NY 13210

CONFERENCE SPONSORS

Department of Psychiatry
SUNY Upstate Medical University

SUNY Upstate Medical University

Office of Continuing Medical Education

Agenda

8:00 – 8:30 a.m. Registration

8:30 – 8:40 a.m. Indu Gupta, MD, MPH, MA, FACP

Opioid Epidemic: A Public Health Crisis

8:40 – 9:15 a.m. Harold and Mattie Jordan
Guest Speakers

Opioid Detoxification of One Chronic Pain Patient – Real Life Experiences

9:15 – 10:30 a.m. Ann Griep, MD

Managing Difficult Conversations: Recognizing and Talking about Problematic Use WNY Collaborative ECHO

10:30 – 10:45 a.m. Break

10:45 – 12:00 p.m. Mark Winsberg, MD

Alone With Pain, Alone with Addiction: Re-establishing Crucial Connections

12:00 – 1:00 p.m. Lunch (On Your Own)

1:00 – 2:15 p.m. Katherine Beissner, PT, PhD

***Chronic Pain – “Doctor, I hurt so Bad!”
What to do if drugs aren’t the answer***

2:15 – 2:30 p.m. Break

2:30 – 3:45 p.m. Brian Johnson, MD

Opioid induced hyperalgesia: How to tell if the patient has addiction and needs intensive treatment, or simply can’t get off their opioids and needs a caring detox only

3:45 – 5:00 p.m. Indu Gupta, MD, MPH, MA, FACP

Discussion: Is your practice prepared to handle the complex dynamics of this epidemic?

UPSTATE ADDICTION PSYCHIATRY

COURSE OBJECTIVES

Upon completion of this course, participants should be able to:

Opioid Epidemic: A Public Health Crisis

Indu Gupta, MD, MPH, MA, FACP, Commissioner of Health, Onondaga County Health Department, Syracuse, NY

- Describe the extent of the epidemic.
- Describe the cause of the epidemic.
- Describe the Public health solutions framework.

Dr. Gupta will not discuss off-label and investigational uses of pharmaceutical products in her presentation.

Opioid Detoxification of One Chronic Pain Patient – Real Life Experiences

Harold and Mattie Jordan, Guest speakers, Syracuse, NY

- Describe the inner experience of pain and helplessness.
- Describe the inner experience of addiction.
- Recognize how hard it is to find empathic help.
- Describe dysfunctional experiences with providers.

Mr. & Mrs. Jordan will not discuss off-label and investigational uses of pharmaceutical products in their presentation.

Managing Difficult Conversations: Recognizing and Talking about Problematic Use WNY Collaborative ECHO

Ann Griep, MD, Chief Medical Officer (CMO) Behavioral Health Excellus Health Plan, Inc, Excellus BlueCross BlueShield, Rochester, NY

- Recognize why one gets an inner feeling that opioid use should not be brought up.
- Describe some of the barriers to addressing opioid use by patients directly.
- Identify why physicians might feel guilty and defensive about opioid prescribing.
- Describe typical provider/patient interactions and how to correct them.
- Describe some of the biology, correlate it with emotional reactions.

Dr. Griep will not discuss off-label and investigational uses of pharmaceutical products in her presentation.

Alone With Pain, Alone With Addiction: Re-establishing Crucial Connections

Mark Winsberg, MD, Acting Medical Director, Chemical Dependency Services Rochester Regional Health, Unity Branch, Rochester, NY

- Recognize how pain and addiction become intertwined.
- Identify the utility of medications in treating pain and addiction.
- Recognize the power of trust in the provider-patient relationship.

Dr. Winsberg will not discuss off-label and investigational uses of pharmaceutical products in his presentation.

Chronic Pain – “Doctor, I hurt so bad!” What to do if drugs aren’t the answer.

Katherine Beissner, PT, PhD, Interim Dean of the College of Health Professions, Professor and Chair of the Department of Physical Therapy Education, SUNY Upstate Medical University, Syracuse, NY

- Identify 4 evidence-based alternatives to pharmacological management of chronic pain.
- Distinguish between language that promotes pain and language that supports recovery.
- Describe the characteristics of exercise interventions that are most associated with improved chronic pain outcomes.

Dr. Beissner will not discuss off-label and investigational uses of pharmaceutical products in her presentation.

Opioid induced hyperalgesia: How to tell if the patient has addiction and needs intensive treatment, or simply can’t get off their opioids and needs a caring detox only

Brian Johnson, MD, Professor of Psychiatry and of Anesthesia, Director, Addiction Psychiatry Fellowship Program, SUNY Upstate Medical University, Syracuse, NY

- Describe diagnostic tools to evaluate comorbid psychopathology.
- Identify a way to detoxify patients from opioids that is fast and well tolerated.
- Describe a model for recurrence of opioid use in addiction.

Dr. Johnson will not discuss off-label and investigational uses of pharmaceutical products in his presentation.

Discussion: Is your practice prepared to handle the complex dynamics of this epidemic?

Indu Gupta, MD, MPH, MA, FACP, Commissioner of Health, Onondaga County Health Department, Syracuse, NY

- Recognize the role of the individual provider and the available resources.
- Recognize system change: Process and Policies.
- Identify how to bridge healthcare and community.

Dr. Gupta will not discuss off-label and investigational uses of pharmaceutical products in her presentation.

CONFERENCE FEE

- Registration: *\$60 and pre-registration is required.* Registration deadline October 31, 2017.
Free for Students & Trainees as part of the Department of Psychiatry's Educational Mission.
Free for Department of Psychiatry Faculty as part of their commitment to our Educational Mission.
Free for Hutchings Psychiatric Center Faculty & Staff as part of their commitment to our Educational Mission.
- An additional \$10.00 Certificate fee will be charged for those who request a certificate for AMA & PRA Category 1 credit ONLY. This is not for Social Workers as you will receive a certificate from the SUNY Upstate Social Work Department.
- Registration includes registration materials and CME credits.
- **ON-LINE REGISTRATION:** go to <http://www.upstate.edu/cme/> click on Event Registration, find the Upstate Addiction Psychiatry Conference in the Activity Catalog and click on the Register button. You should use Google Chrome and you must allow pop-ups in order to register successfully. To allow Google Chrome to display pop ups on the CME page, prior to registering, please click on the "i" within a circle to the left of the web page address in the address field, go to the down arrow for the "Pop Ups" option and select "Always allow on this site". Each participant will be required to register separately. For registration questions you may contact the CME Office at (315) 464-4606 or cme@upstate.edu.
- LUNCH and PARKING is on your own.

ACCREDITATION

SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

SUNY Upstate Medical University designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE POLICY

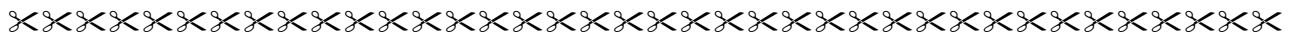
To ensure balance, independence, objectivity and scientific rigor in all certified CME activity SUNY Upstate Medical university requires that all planners, faculty and individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest that might be perceived as a real or apparent conflict of interest. Detailed disclosures will be made in writing prior to speaker presentations.

AMERICANS WITH DISABILITIES ACT

In accordance with the Americans with Disabilities Act, UPSTATE Medical University seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact Linette Thorp at (315) 464-3104.

❖ This activity is pending approval for Social Work CEUs.

❖ This activity is pending approval for CASACs.



On-Line Registration

November 3, 2017 Hutchings Psychiatric Center Auditorium
810 E. Genesee Street, Syracuse, NY 13210

Upstate Addiction Psychiatry Conference

ON-LINE REGISTRATION ONLY

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PROGRAM DIRECTORS

BRIAN JOHNSON, MD, PROFESSOR OF PSYCHIATRY
AND ANESTHESIA, SUNY UPSTATE MEDICAL
UNIVERSITY, SYRACUSE, NY

RECOMMENDED AUDIENCE

Physicians, psychiatrists, psychologists, psychiatric nurse specialists,
social workers, certified alcohol and substance abuse counselors, and
allied mental health professionals.

REGISTRATION DEADLINE

October 31, 2017 and pre-registration is required

REGISTRATION FEE

\$60.00

CONFERENCE INFO

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